



# I'M ON MY WAY TO FREEDOM



## FROM THE COMPARISON TRAP:

STEP 1	STEP 2	STEP 3	STEP 4
Name the area of your life where comparison shows up:  Do you know the root behind it?	List all the ways this sin makes you feel, think and what it leads you to do:	Rate how "done" you are with comparison in this area on a scale of 0 (not done) to 10 (done done):  Why are you done?	Confess this sin in a prayer to God.  Commit to confess this sin to a sister today: I will tell _____ about this trap I'm in today.

### STEP 5: Combat with Scripture

Begin the battle by taking every thought captive and making it obedient to Christ (2 Cor 10:5) using these verses:

**Phil. 2:3~** "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves."

**2 Cor. 10:12~** "But when they measure themselves by one another & compare themselves with one another, they are without understanding."

**Gal. 5:26~** "Let us not become conceited provoking one another, envying one another."

Continue the battle through memorization, meditation prayer, praise, surrender and steadfastness.

### STEP 6: Pray

Offer your sincere prayers to God: for yourself, your growth, your secure identity. For the person(s) to whom you compare yourself to, for God to bless him/her and work in their lives.

## FROM THE COMPETITION TRAP:

STEP 1	STEP 2	STEP 3	STEP 4
Name something (a natural gift or talent or spiritual gift) that you are good at:	Name someone who has that same gift & uses it well (does not have to be someone you know personally):	Rate your honest level of ill-feeling (jealousy, etc) on a scale of 0 (none) to 10 (lots):	Confess this sin in a prayer to God.  Commit to confess this sin to a sister today: I will tell _____ about this trap I'm in today.

### STEP 5: Combat with Scripture

Begin the battle by taking every thought captive and making it obedient to Christ (2 Cor 10:5) using these verses:

**Matt. 19:30~** "But many who are first will be last, and the last first."

**Col 3:12~** "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,"

**James 4:6~** "But he gives more grace. Therefore it says, 'God opposes the proud but gives grace to the humble.'"

Continue the battle through memorization, meditation prayer, praise, surrender and steadfastness.

### STEP 6: Pray

Pray a prayer of thanksgiving to God for creating you uniquely you & giving you the talents, spiritual gifts & experiences you've had. Thank him for all of your abilities & declare your dependence upon him! Then, thank him for the person you feel in competition with. Pray for her/him to be filled with the love of Jesus, to walk in his ways, and to use their gift to glorify God fully.